iCaloricNeeds360 is a set of healthy self management App Operational Guidelines

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iCaloricNeeds360 is a set of healthy self management apps for daily calorie intake. This adult daily calories calculator gives an approximation of your basal metabolic rate - the number of calories per day your body burns, and therefore the number of calories you could eat per day to maintain your current weight. Apply this easy and practical app to search the ideal balance between health and delicacies. Allow yourself to find the secret garden of controlling your own weight within your busy schedule, thereby enriching your splendid life. The calorie calculator counts the calories required to be ingested per day according to your height and weight.

KUO YUE always persists in giving consideration to both technology innovation and quality. The software can have inexhaustible innovation and creation; therefore, it's enchanting. The recent technology develops in order to meet the user's needs. The renovation of the consumer software is one good example.

iTunes Link：

- V2.0

Features：

- Great user-interface

- To calculate your calories in, calories out, sodium.

- The data maintenance: addition, correction, and deletion of blood sugar data are available.

- The calorie calculator counts the calories required to be ingested per day according to your height and weight.

- The daily calorie analysis table compiles the statistics for the calories and sodium content ingested per daily, as well as their depletion. It then analyzes the data in order to adjust the balance between calorie intake and depletion for the body.

- The daily calorie panel allows you to think first prior to having a feast or not?